

NVR & NA research in Israel (and more...)

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The following are the main contributions to NVR in which I was directly involved together with other students and practitioners.

- a) The doctoral dissertation of Yaara Shimshoni about an intervention of vigilant care for young male drivers is about to be published. Here is the reference: Effects of parental vigilant care and feedback on novice driver risk (in press). Shimshoni, Y., Farah, H., Lotan, T., Grimberg, E., Dritter, O., Musicant, O., Toledo, T., & Omer, H. Journal of Adolescence
- b) The master thesis of Zohar Lothringer about a group treatment in vigilant care for the parents of delinquent adolescents was completed. There are two outcomes of this project: 1. A detailed intervention protocol for group treatment (ten sessions). We believe that this protocol highly merits being translated and implemented outside of Israel. 2. The pilot's results are very clear, the treatment group fared better than the control group (Treatment as usual) in almost all variables. Although the study was intended as a pilot to a larger intervention (Zohar is beginning a doctoral dissertation with larger samples and better controls), it is clearly publishable. We are considering publication, if we reach the conclusion that it won't damage publication chances for the full study.
- c) We have continued developing interventions for different conditions. In all such cases we accompany the development process by systematic interviews and some questionnaire data (for instance, questionnaires regarding parental knowledge). We have new protocols for the following conditions: a) a preventive protocol for parents of adolescents at risk for developing eating disorders; b) a protocol of vigilant care regarding use of alcohol by adolescents (especially in parties and other social encounters); c) a protocol for vigilant care regarding early sex and exposure to pornography. These should be added to the protocols from last year for: a) treatment for school refusal (written by Roni Efron based on previous work and with the help of Irit Schorr-Sapir. this protocol is also available in German); b) prevention of computer abuse, c) a treatment protocol (by Irit Schorr-Sapir) specifically designed for parents of children with ADHD as part of her doctoral work (now running).
- d) A model for intervention with suicide threats by adolescents and young adults has been developed by me and Dan Dolberger. The article was accepted for publication in Family Process (to be handed from us on request)
- e) A Parental-Anchoring Questionnaire was developed in a cooperative project involving various teams, including the Systemic Clinic for ADHD (headed by Irit Schorr-Sapir). The paper has still not been accepted for publication, but the questionnaire can already be head on request.
- f) A meeting was held in Munich in September in which I and representatives from most institutes that implement NA in schools were present. We have written a conjoint flyer, at present still only in German, whose goal is to interest and motivate schools and education

authorities to adopt our approach. Special attention was devoted to the doubts and concerns of teachers. I think we did a good marketing job in this respect.

g) Finally: the Italians and the French are coming! I have received many invitations to give seminars in Italy and France. Maybe we will eventually have an international conference in a country where one eats real good food!