

NVR in Oxleas and Greenwich Community in 2014

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In Oxleas our generic NVR parent groups have now reached clinic 15 and we have a total of 450 graduate parents (who have completed 5 or more group sessions) and 10 very active graduate parent volunteers who co-facilitate and co-present or help running the two NVR parent clubs on a monthly basis. 4 of these active volunteers travelled with Elisabeth to the International NVR conference in Munich where they presented very moving testimonies on their children's gangs' involvement and sexual exploitation. They also shared their testimonies during the NVR UK conference in London and the Safeguarding Children Board Conference in London in November and December.

We are currently in the process of applying for a paid post for an NVR Graduate Parent in Oxleas and are sending some of the volunteers to a University-lead course for peer support starting in January next year. We have got an NVR website (www.oxleas.nhs.uk/NVR) where our 24 NVR newsletters (4 per year), our two parent booklets, our DVD, the sibling leaflet, the parent club dates, an NVR calendar for 2015 and our NVR Christmas cards are on view and/or downloadable. Our graduate parent volunteers' next project is an e-cook book with reconciliation gesture recipes. This year we have also delivered our fifth NVR group facilitators' training with 30 participants. From next year onwards, we are going to modularize the training and will extend the existing 4-day training programme with two more modules: module two offers placements in one of our groups as trainee facilitators and module three requires a marked 2000 word essay followed by a colloquium day. We have also identified the need to develop training for group coordinators and supervisors alongside the facilitator practitioners as another project to improve the quality of our training before we seek accreditation by an external body.

Another most positive development in Oxleas: Liz Day has completed her Doctorate on NVR in Oxleas. We look forward to seeing her fully involved again in our day-to-day work until she retires in next February.

We are finally considering and discussing a joint RCT with Haim focussing on vigilance within either our NVR groups in Oxleas or within our Greenwich Social Care-based NVR groups.

In the Greenwich Community we are currently running our third specialist gangs programme for parents with Greenwich Safer Communities and our second safeguarding girl's parent programme with the Greenwich CSE panel and Barnardos. This year the girls' group focussed on self-harming girls and on the prevention of sexual exploitation (level 1 risk category) as we had learnt that we need to identify them at a much earlier stage. We are also running regular generic NVR parent groups in Greenwich Social Care several times per year. Julia Jude and Veronica Rivera-Gould interviewed some fathers in their community groups about their involvement in the groups. They already presented some of their findings in the NVR UK conference and we look forward to see an article from them soon.

Dorota Rospierska and several school-based counsellors who are trainee NVR facilitators will start the first NVR parent group for parents of two secondary schools in Greenwich in January 2015, again supported by two parent volunteer facilitators. Our very special highlight of this year was the 2-day training with Uri Weinblatt in October this year with 80 participants: a conference on 'shame' followed by a master class on the 'Sit-in'. All participants fed back that they want regular events like this to follow.

Altogether this was a very successful year for NVR in Oxleas and in the Greenwich Community.